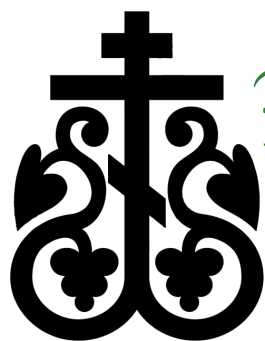


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March 2015
Volume 1, Issue 10



Bonnyville & District Parish News

PASTORAL MESSAGE

Submitted by Fr. Peter Haugen

Dear Brothers and Sisters in Christ,

As we are now beginning our Great Lenten Journey, I want to share with you the prayer of St. Ephraim. You may or may not be familiar with it, but either way it is a prayer that we all should begin to incorporate into our daily prayers during Lent. The Prayer is as follows (for the sake of explanation I have broken the prayer into three parts and italicized the font):

*O Lord and Master of my life, take from me the spirit of sloth,
despair, lust of power, and idle talk.*

With this prayer we immediately recognize the sins and states that we as humans often fall into and are difficult to stay away from, they are:

Sloth – sloth is essentially laziness but with sloth also comes an attitude that no change is possible, so why bother trying? It is the very state people fall into that make them question everything with “What for?” or “What’s the point?”. As Christians, sloth is so easy to fall into and is usually the root of others sins.

Despair – this is one of the most dangerous of sins to have on our hearts. It is the inability to see, or worse impossibility, to see anything in a positive or optimistic light. In this state, we are unable to connect with Christ who is the Light of our world. Despair is suicide of the soul.

Lust of Power – As odd as it may seem the first to sins mentioned (Sloth and Despair) lead to Lust of power. When we lose the desire to be with God and the ability to see goodness in Him and in our lives, what remains is a desire to fulfill that life through selfish means. We become self-centered, only desiring self-satisfaction. In this state, our neighbors and loved ones are looked upon as lowly or subordinates and we begin to have no love or respect for anyone but ourselves. If despair is spiritual suicide, Lust of power is spiritual murder.

Idle Talk – This sin is the means by which all others sins gain their power in our lives. As much as it is important during Great Lent to consider how we are fasting and what we are no longer putting in our mouths, it is ten times more important to also consider the harmful and damaging things that can be coming out of our mouths.



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**Ukrainian Orthodox
Church of Canada**

www.uocc.ca

Western Eparchy

www.uocc-we.ca

**Bonnyville/St. Paul
Parochial District**

www.bonnyvilleanddistrictuoc.ca/

Ancient Faith Radio

www.ancientfaith.com

But give rather the spirit of chastity, humility, patience, and love to me Your servant.

With the understanding of how we are fallen fully realized, we then ask God to grant us forgiveness through these states:

Chastity – In today's society this word is often used only in sexual connotations, in light of this a better word may be Whole-mindedness. If the above sins take us away from God through brokenness and an inability to see the goodness that God gives us, Chastity is the state where Christ restores wholeness is us by helping us to see the values of a Christian (or optimistic) life. This is a direct opposite to **Sloth**.

Humility – a spirit of Humility is the ultimate victory of truth in our lives. It is the ability to put away all lies about oneself, and truly see and accept the things as they are, giving us the ability God's goodness and love in everything. This is a direct opposite of **Despair**.

Patience – The only way that we may achieve the above states is through patience as equally as the above states help us to gain patience. God is patient because he sees the whole picture and the depth of everything that exists. As we move closer to God, the more patient we grow as we strive ourselves to see the world not through our own eyes, but through God's.

Love – the love that is referred to in this prayer is not just the love we have for our loved ones (although this is also very important). It is the type of love that sees no boundaries or obstacles in loving any of God's creations. It is the ultimate love that God shows for each and every one of us.

Yea, O Lord and King, grant me to see my transgressions and not to judge my brother; for blessed art Thou unto the ages of ages. Amen.

The prayer ultimately concludes with the final petition that with all of the above in mind that we never fall into Pride. The purpose of Great Lent is to fully examine our how we live our life mentally, physically, and spiritual. When we are able to do this and recognize our own sins, without falling into judgement, we will have succeeded in our Lenten Journey.

If you have any questions on this or any other Lenten topics, please contact me at any time.

Yours in Christ,

Fr. Peter Haugen

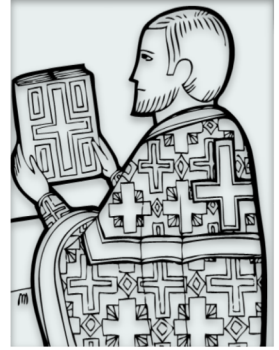
CHOIR REHEARSAL

on

Thursday March 12

at 7:00 pm

(will be held at All Saints in St. Paul)



Liturgical Scripture Readings

March 2015

Sunday, March 1st

1st Sunday of
Great Lent

Epistle: Heb. 11:24-26,
11:32-12:2;

Gospel: John 1:43-51.

Sunday, March 8th

2nd Sunday of
Great Lent

Epistle: Heb. 1:10-2:3;

Gospel: Mark 2:1-12.

Sunday, March 15th

3rd Sunday of
Great Lent

Adoration of the Cross

Epistle: Heb. 4:14-5:6;

Gospel: Mark 8:34-9:1.

Sunday, March 22nd

4th Sunday of
Great Lent

Epistle: Heb. 6:13-20;

Gospel: Mark 9:17-31.

Sunday, March 29th

5th Sunday of
Great Lent

Epistle: Heb. 9:11-14;

Gospel: Mark 10:32-45.



Newsletter Submissions Needed!

Please keep the submissions for the newsletter coming! Announcements, reports, stories, photos... If you want to share it, we want to see it! Please feel free to submit to me anytime.

Dobr. Erin Haugen:
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587-252-3410

Fr. Peter's Contact Information:

5525-55 Ave.
St. Paul, Alberta
ToA 3A1

Phone:

587-252-2715

Email:

pmthaugen@hotmail.com

If anyone you know is in the Hospital, or are at home ill and would like a visitation from me, please contact me and I will make immediate arrangements to meet with them.

BANNER PAINTING WINE & CHEESE

Submitted by Joanne Ternovoy & Dobr. Erin Haugen

Have you noticed the lovely hand painted banners that adorn downtown St. Paul during the summer? They are part of a community project called Champions for Change whose mandate is the revitalization of downtown St. Paul.

Our Parish has been asked to paint one of these banners and Dobr. Erin Haugen was asked to come up with a design. Under the leadership of Dobr. Erin, we welcome anyone who would like to join in on the painting or simply watch the process while socializing over wine & cheese.

**Monday, March 16th &
Tuesday, March 17th , 2015**

6:30 pm

at

**All Saints Cultural Centre
St. Paul**

*For more information on the painting,
please contact Dobr. Erin Haugen @ 587-252-3410*

*For more information on the wine & cheese,
please contact **Joanne Turnovoy @***

PYSYNKY & BUTTER WORKSHOPS



WHERE

**All Saints Ukrainian Orthodox
Cultural Centre**

**5601 - 51 Street
St. Paul, AB**

Come learn about the meaning behind our traditional *Pysanky* and experience carving a ram out of butter while making your very own. Here is your chance to make both a ram and an egg which you can then put into your Easter Basket. No experience required.

***PYSYNKY* WORKSHOP**

**Saturday
March 21st, 2015
2 – 7:00 PM**

***Please bring your
own lunch/snack.***

****Supplies Provided****

***BUTTER RAM* WORKSHOP**

**Monday
March 30th, 2015
6:30 PM**

***Supply list provided
upon registration***

REGISTER

**For more
information on
either workshop or
to register call:**

**Dobr. Erin Haugen at
587-252-3410**

THE REACH PROJECT:

Submitted by Caroline Yewchin

The Reach Project

Last month, we talked about the first part of **The Reach Project**, called “**Reach Up**”, and looked at ways we could develop and strengthen our personal relationship with God. We continue with the second element in our theme, “**Reach In**”.

People often ask, “why join a church?” If a church is doing a great job at reaching in, the benefits will be evident. People will feel welcome, cared for, and part of a very special family.

Many hands can come together in the church family to:

1. Support, nurture, and help one another. This is crucial during times of illness, loss, or crises in a family. But it is also necessary during times of celebration such as births, marriages, graduations and anniversaries.
2. Be hospitable and welcoming to newcomers.
3. Coordinate church social events, so there will be opportunities to get to know each other better and have fun!

Here are a few ideas for “**Reach In**” activities.

- Prepare a gift bag with a small orthodox cross and a card. When a baby is baptized in the church, give the parents this gift from the congregation, along with an invitation to come to future services.
- Deliver a meal to a family who has experienced an illness or death. Follow this up with a visit and a card or book of prayers. Offer practical help, such as transportation to appointments or grocery shopping. Be those important friends who phone, visit, and are there to listen.
- Make sure that guests and newcomers are welcomed into our churches. Use the “Welcome Packets”, and record their names and contact information. Then follow up with an email message, or phone call.



THE REACH PROJECT CONTINUED:

- Plan a few parish social events throughout the spring, summer, fall and winter:
 - a family picnic at the end of the school year
 - a movie night, complete with popcorn
 - pot-luck and games for grandparents day
 - have a corn roast in the fall, with pumpkin carving for the kids
 - host a pizza night (and make the pizza!)
 - have a church family bowling night
 - an ice-fishing afternoon with hotdog roast
 - host a “fun & learn” event for children - a treasure hunt with a “saints” theme, a music workshop for kids, or a flower/vegetable container project.
 - ... the possibilities are endless!

These are just a few ideas ... once we get thinking, the list will certainly grow! Not every idea will be possible or realistic for every church, but we can be open to trying new things. In Reach is about taking care of our congregation and building relationships within it. The scriptures write:

“Be kindly affectionate to one another with brotherly love, in honor giving preference to one another; not lagging in diligence, fervent in spirit, serving the Lord; rejoicing in hope, patient in tribulation, continuing steadfastly in prayer.”

Romans 12:10-13

With Jesus showing us the way, we can grow in our faith (reach up) and in our relationships (reach in). If we truly believe in our Orthodox faith and have a strong church family, it will prepare us to go into the community and participate in the final portion of The Reach Project, **“Reach Out”**.

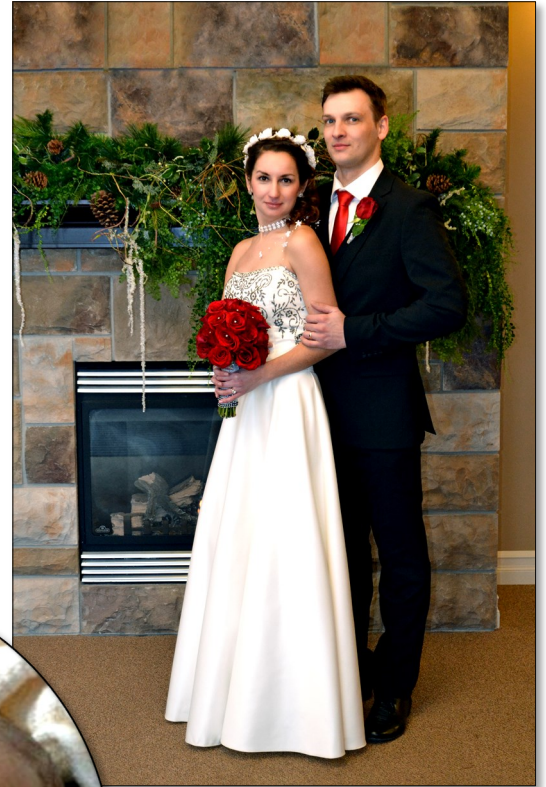
“LOVE powerfully, **GIVE** prayerfully, **LIVE** purposefully, and leave the rest to **GOD”**

Look for the Third and final article, “Reach Out” in the April Newsletter.

CONGRATULATIONS!



Congratulations to our parishioner Maryna (Hackman) Dander who was married to Norbert Dander in St. Paul on February 14, 2015. God Grant You Many Years!



Congratulations to our parishioner Gwen Taralson whose daughter Priscilla gave birth to a baby girl - Michaela - on February 20, 2015. God Grant You Many Years!

Congratulations to Dobr. Erin Haugen whose painting was selected as this year's Shevchenko Foundation Bookmark.

Based on Taras Shevchenko's poem *Сова* - The Owl, the 2015 Shevchenko Month bookmark is the 14th in the series produced by the Shevchenko Foundation.

Throughout the month of March 35,000 bookmarks will be distributed to Shevchenko Foundation donors, and to Ukrainian bilingual school programs and Ukrainian dance schools in Canada.



BIBLE STUDY

Led by Fr. Peter Haugen

Bible study is starting up again! The topic of these sessions is The Sacraments: The Holy Mysteries of the Orthodox Church.



This time around we will be trying a new format where each session is offered in both Bonnyville and St. Paul. Bonnyville sessions will fall on Tuesdays at 6:30 while St. Paul sessions will fall on Wednesdays at 6:30.

Please refer to the calendar for exact dates.

*“O Lord Jesus Christ, Son of God. Have mercy on me, a sinner .”
-Jesus Prayer*

WEBSITE

Don't forget we have a website!

It is under a bit of construction, but you can find updates, locations, and a long term schedule there. Photos will be coming soon as well. Check it out!

www.bonnyvilleanddistrictuoc.ca/

We're also on Facebook!

Look up:

Bonnyville District of the Ukrainian Orthodox Church of Canada

All Saints
St. Paul, AB
Dwayne Ternovoy
780-614-0858

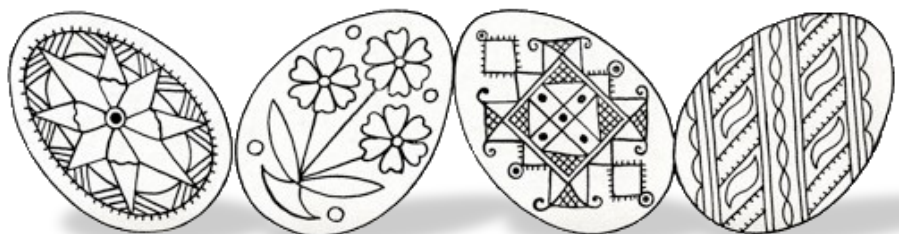
St. Elias
Bonnyville, AB
Janet Hutskal
780-573-3470

Sts. Peter & Paul
Nowa Bukowina, AB
Sandra Yuschyshyn
780-645-4815

Holy Trinity
Glendon, AB
Joyce Drapaka
780-645-3760

All Saints
Sandy Rapids, AB
Ron Rusnak
780-826-2062

Descent of the Holy Spirit
Stry, AB
Contact info TBA.



March 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Divine Liturgy 10:00 AM St. Paul PASSIA 5:00 PM Luzan	2  Kiev's K Hi AGM Following Lunch	3	4 Bible Study 6:30 PM St. Paul	5	6	7
8 Divine Liturgy 10:00 AM Glendon	9	10 Bible Study 6:30 PM Bonnyville	11 Bible Study 6:30 PM St. Paul	12 <div> Choir Rehearsal All Saints 7 pm. </div>	13	14 Soul Saturday 10:00 AM Bonnyville
15 Divine Liturgy 10:00 AM St. Paul PASSIA 5:00 PM St. Paul	16 ★ Banner Painting 6:30 PM St. Paul	17 ★ Banner Painting 6:30 PM St. Paul	18 Presanctified Liturgy 6:00 PM St. Paul	19	20	21 Soul Saturday 10:00 AM Nowa Bukowina Pysanky 2:00 PM St. Paul ★
22 Divine Liturgy 10:00 AM Stry PASSIA 5:00 PM Lac La Biche	23	24 Bible Study 6:30 PM Bonnyville	25 Bible Study 6:30 PM St. Paul	26	27	28
29 Divine Liturgy 10:00 AM Bonnyville	30 ★ Butter Workshop 6:30 PM St. Paul	31				

A more detailed and long-term schedule is available on the website and of course from Fr. Peter and your District Executive members. The schedule above and those in future newsletters are meant to serve as a visual reminder of services for the month. Please be sure to take note of the time and location of each service (again, due to space I could not include full names of parishes, locations, etc.). Fr. Peter will continue to announce upcoming services and events at church as he has been doing. Think of this as 'the month at a glance'!